

## Only One Way

TO PURIFY THE BLOOD, INCREASE  
FLESH AND STRENGTH AND  
TO CURE INDIGESTION.

Secret Patent Medicines Will Not Do It.  
There Is a Simpler and Better Way.

There is only one way to purify the blood, only one way to increase flesh, and that is through the stomach and digestive organs. Why? Because the stomach and digestive organs make blood and flesh, bone, nerves and sinew. Did you ever see a person blessed with a healthy, vigorous stomach and digestion who had impure blood, muddy complexion, or who had weak nerves, sleepless nights and the thousand and one pains and aches arising from poor digestion? No, because perfect digestion converts the food eaten into pure blood, strong nerves and muscles and all the flesh a person needs to have for health, symmetry and beauty.

Every person knows whether or not his or her digestion is what it should be, but every person does not know what is the safest and best way to secure and preserve a healthy condition of the digestive organs. It is not done by the use of any wonderful secret patent medicine, but by the use of certain harmless digestive principles, which, taken at meals, will digest the food anyway, regardless of the weak condition of the stomach.

Dr. Brooks recommends a combination of vegetable essences, fruit salts, pure aseptic pepsin and golden seal, prepared in convenient tablet form and sold by druggists everywhere under the name of Stuart's Dyspepsia Tablets.

These pleasant tasting tablets are to be dissolved in the mouth after each meal, and mingling in the food in the stomach, digest it perfectly. There is nothing wonderful about this. Any physician or chemist knows that Stuart's Dyspepsia Tablets will do this because repeatedly tested and proved, and thousands of cured dyspepsias have found it to be true also.

Dr. Harrison states that these tablets increase flesh because they digest flesh-forming food like eggs, meat and ordinary every-day food; for the same reason they purify the blood and strengthen weak nerves. In no other way can it be done, because flesh, blood and nerves are obtained from the food we eat.

Dr. Jenkinson once stated that he believed a 50-cent package of Stuart's Dyspepsia Tablets would give more real benefit than fifty dollars' worth of ordinary doctors' bills.

These tablets can be found at any drug store.

## 3,000 Times.

Wonderful Power of a New  
Medical Discovery.

A remarkable preparation for the cure of dyspepsia, indigestion and stomach trouble has very recently been made known and will undoubtedly be of great benefit to nine-tenths of the American nation, who are notoriously a nation of dyspepsics; everybody has more or less dyspepsia. It seems to be a fashionable disease, at the same time, indigestion is by no means a trifling thing, but it is well known to all physicians that consumption, kidney and heart troubles, headache and nearly all nervous weaknesses are the result, in the beginning of imperfect digestion. Very few people realize the importance of a healthy digestion, as it is the mainstay of life. The person with perfect digestion knows nothing of nervousness, sleeplessness, headache and the many disagreeable symptoms of a disordered stomach. This new remedy is not a secret patent medicine, recommended to cure everything under the sun, but is purely and simply a stomach remedy, composed of vegetable essences, fruit salts, pure pepsin, bismuth and golden seal. These valuable remedies are combined in the form of pleasant-tasting tablets and now sold by druggists everywhere under the name of Stuart's Dyspepsia Tablets. A scientific experiment made with these tablets proved that one grain of the digestive principle would digest 3,000 times its own weight of eggs, meat or similar wholesome food. The whole trouble with dyspepsia is the fact that their stomachs are too weak to digest the food eaten; these tablets digest the food, rest the stomach, nourish the body and thus give the stomach time to recover its natural condition, when they are no longer required. Dr. Shaworth, in his experiments, also reports a marked increase in flesh when Stuart's Dyspepsia Tablets were used, which it is not surprising when it is remembered that most people are thin because of poor digestion; from all accounts it would appear that Stuart's Dyspepsia Tablets are a safe, reliable remedy for any form of stomach weakness and the best that has so far been discovered.

All druggists sell F. A. Stuart's Dyspepsia Tablets at 50 cents per package.

## Heart Disease.

SOME FACTS REGARDING THE  
RAPID INCREASE OF  
HEART TROUBLES.

Do Not Be Alarmed, but Look for the Cause.

Heart trouble, at least among Americans are certainly increasing, and while this may be largely due to the excitement and worry of American business life, it is more often the result of weak stomachs, of poor digestion.

Real organic heart disease is incurable; but not one case in a hundred of heart trouble is organic.

The close relation between heart trouble and poor digestion is because both organs are controlled by the same nervous system, the sympathetic and pneumogastric. In another way also the heart is affected by that form of poor digestion which causes gas and fermentation from half-digested food; there is a feeling of oppression and heaviness in the chest, caused by pressure of the distended stomach on the heart and lungs, interfering with their action; hence arise palpitation and short breath.

Poor digestion also poisons the blood, makes it thin and watery, which irritates and weakens the heart.

The most sensible treatment for heart trouble is to improve the digestion and to insure the prompt assimilation of food.

This can best be done by the regular use after meals of some safe, pleasant and effective digestive preparation, like Stuart's Dyspepsia Tablets, which may be found at most drug stores and which contain valuable, harmless digestive elements in a pleasant, convenient form.

It is safe to say that the regular, persistent use of Stuart's Dyspepsia Tablets at meal-time will cure any form of stomach trouble except cancer of the stomach.

Full-sized packages of the tablets sold by druggists at 50 cents.

Little book on stomach trouble mailed free. Address F. A. Stuart Co., Marshall, Mich.

## Simple Cure for Dyspepsia.

Not a Secret Patent Medicine, but a Cure  
for Every Form of Indigestion.

Stuart's Dyspepsia Tablets contain only the fruit salts, digestive acids and pepsines necessary to help the weak stomach to promptly and thoroughly digest food. All druggists sell Stuart's Dyspepsia Tablets at 50 cents for full-sized package, and any one suffering from nervous dyspepsia, sour stomach, headaches, acidity, gases, belching, etc., will find them not only a quick relief but a radical cure.

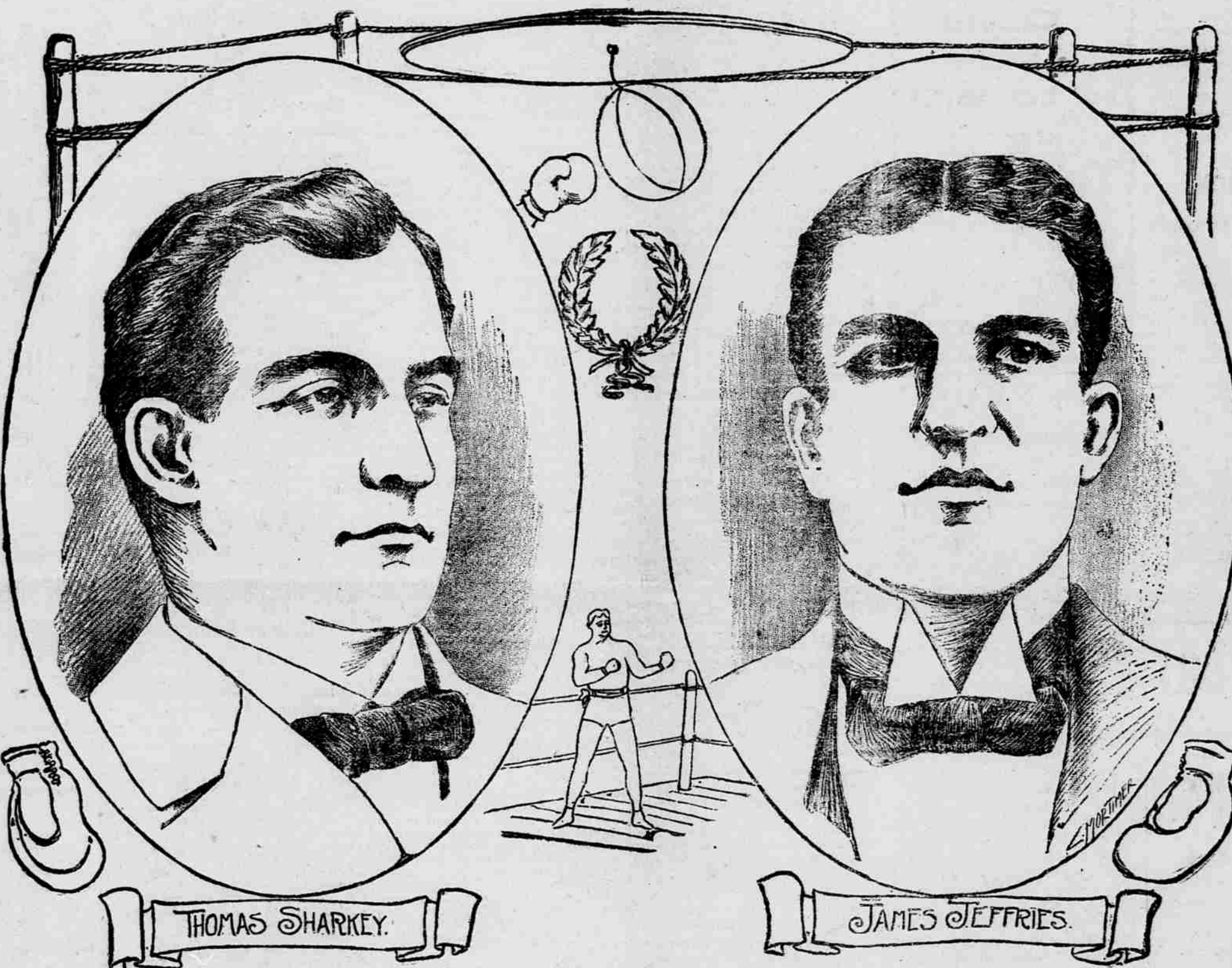
# JEFFRIES AND SHARKEY INDORSE STUART'S DYSPEPSIA TABLETS.

The Champion of the World,  
**JAMES F. JEFFRIES,**



And His Brave Challenger,  
**THOS. J. SHARKEY,**

Unite In Recommending the Only Remedy That Will Keep  
the Stomach In Prime Condition.



Thos. J. Sharkey, the pugilist, who reached international fame in a single night, when he gained the famous decision over Corbett, is twenty-five years of age and a native of Ireland. He was, until a few years ago, a sailor in the United States Navy, and it was while serving aboard a man-of-war that he began his pugilistic career. He whipped all the navies who would stand in front of him, meeting some pretty good men on board English as well as American ships. He is a Sandow in appearance and in abnormal muscular development. Although his stature is barely more than middle height, he impresses one as a typical Hercules, and built for strength. There is nothing of the professional pugilist in his manner, which is genial, and rather retiring than assertive. Beneath that rugged exterior there beats the kindest spirit—a spirit tender to less favored mortals and generous to a vanquished foe. The newspapers have not been friendly to Sharkey, but those who know him best know that he scorns to fight foul or take undue advantage of an opponent.

The big-hearted sailor is a sturdy fighter, and many stories are told of his remarkable prowess, both before and since his entry into the prize ring. He is not a talker and never boasts. In this one feature he and his coming opponent, Jeffries, are alike. And as both are really great fighters, an interesting contest is certain.

Sharkey's victories over Fitzsimmons, Corbett, McCoy and Maher are still as fresh in public memory. It is the opinion of experts that Jeffries will find the coming fight a harder battle than the one with Fitzsimmons, and a more scientific one, for Sharkey has acquired science. This makes him doubly powerful.

Sharkey's training at New Dorp, S. I., has been most thorough and severe, for he realizes that the victory will not be an easy one, and will hinge entirely upon skill and strength. His favorite clinch consists of jamming the left elbow under an opponent's chin and grasping his opponent's left forearm with his right hand. This clinch is somewhat electrical in effect, and makes him a dangerous fighter at short quarters. He is like chain-lightning for quickness, and a rare sprinter. He impresses one as a natural fighter rather than a trained boxer—a man whose fighting is instinctive, who thinks with his body and does not have to wait the slower processes of mental calculation. This is what makes him such a fast fighter. He is also a hard rusher, and his footwork is natural.

There is no athletic sport except fencing that requires so much physical skill, directed by a quick intelligence and a steady eye and nerve, as pugilism; and there is none whatever that imposes upon its participants such a vigorous training or necessitates such care in acquiring and maintaining a perfect physical condition, for there is no other in which either a professional or an amateur can so quickly lose rank through neglect or abuse of the stomach. For this reason the recommendation of two such practiced fighters, to whom physical perfection is the sine qua non of success, and who know to the fullest the value of health and perfect digestion, must carry enormous weight.

### Read What the Gallant Fighter Sharkey Says:

"Stuart's Dyspepsia Tablets remove all discomfort after eating. They rest the stomach and restore it to a healthful condition. I heartily recommend them."  
THOS. J. SHARKEY.

James J. Jeffries, the "big Californian," was born in San Francisco twenty-four years ago, and is a boiler-maker by trade. His career has been almost meteoric, for his prominence has been reached in the short-space of three years from the date of his first fight in July, 1896, to June, 1899, when by his memorable achievement of wrestling the world's championship from Robert Fitzsimmons he electrified the world and became the popular idol. Up to this time he has known nothing but victory, yet he shows no disposition to talk, bluster, brag or fight on paper.

There is good fighting stock in Champion Jeffries. His grandfather was one of the sturdiest scrappers in all the Schuylkill Valley. His father is a Methodist preacher out in California, and his courteous amiability has, like his fighting qualities, doubtless come to him by inheritance. He is a handsome man to look upon, and there is nothing suggestive of the typical prize-fighter in either his manner or bearing. One thing that impresses every one who meets him is his modesty and shyness. He talks in a low tone—so low it is difficult at times to hear him. He speaks, too, in monosyllabic sentences; you feel that it is because of bashfulness. His popularity has not affected him in the least. His pride in being the Champion of the World is only natural, and it is but natural that he will use every fair endeavor to hold the belt against all comers. He won it without a single reflection ever being cast upon his motives—won it without any boasting and without striking a foul blow or taking undue advantage of any opponent.

Reach, weight, quickness, skill and endurance are requisite to success in the ring. Jeffries has every physical outward advantage in having the greater reach, the greater skill, equal quickness and endurance. He also bears the reputation of being a hard hitter. His style of fighting is peculiar to himself; he keeps well out of reach, crouching and carrying his extended left arm bowsprit fashion. His clinches consist mainly in throwing his great weight on his opponent's arms and shoulders. Being ambidextrous, he is apt to surprise his man at a critical and unexpected moment. He is a wary boxer, and that he has every advantage of a scientific training was shown amply in his great victory over the big Australian—a victory that has endeared him to the heart of every American who admires manly courage and prowess.

### Read What Champion Jeffries Says:

"Stuart's Dyspepsia Tablets prevent acidity, strengthen the stomach and insure perfect digestion. They keep a man in fine physical condition."  
JAS. J. JEFFRIES, Champion of the World.

Good digestion means long life, good health, a clear head and a bright eye. Stuart's Dyspepsia Tablets give good digestion to all. For sale all druggists', 50 cents a box.

## Danger In Soda.

Serious Results Sometimes Follow Its  
Excessive Use.

Common soda is all right in its place, and indispensable in the kitchen and for cooking and for washing purposes, but it was never intended for a medicine, and people who use it as such will some day regret it.

We refer to the common use of soda to relieve heartburn or sour stomach, a habit which thousands of people practice almost daily, and one which is fraught with danger; moreover the soda only gives temporary relief and in the end the stomach trouble gets worse and worse.

The soda acts as a mechanical irritant to the walls of the stomach and bowels, and cases are on record where it accumulated in the intestines, causing death by inflammation or peritonitis.

Dr. Harrison recommends as the safest and surest cure for sour stomach (acid dyspepsia) an excellent preparation sold by druggists under the name of Stuart's Dyspepsia Tablets. These tablets are large, twenty-grain lozenges, very pleasant to taste and contain the natural acids, pepsines and digestive elements essential to good digestion, and when taken after meals they digest the food perfectly and promptly before it has time to ferment, sour and poison the blood and nervous system.

Dr. Wuerth states that he invariably uses Stuart's Dyspepsia Tablets in all cases of stomach derangements, and finds them certain cure not only for sour stomach, but, by promptly digesting the food, they create a healthy appetite, increase flesh and strengthen the action of the heart and liver. They are not a cathartic, but intended only for stomach diseases and weakness, and will be found reliable in any stomach trouble except cancer of the stomach.

All druggists sell Stuart's Dyspepsia Tablets at the per package.

A little book describing all forms of stomach weakness and their cure mailed free by addressing the F. A. Stuart Co., Marshall, Mich.

## To Cure Nervous Dyspepsia,

To Gain Flesh, to Sleep Well, to Know  
What Appetite and Good Digestion Mean.

MAKE A TEST OF STUART'S  
DYSPEPSIA TABLETS.

Interesting Experience of an Indianapolis Gentleman.

No trouble is more common or more misunderstood than nervous dyspepsia. People having it think their nerves are to blame and are surprised that they are not cured by nerve medicines and spring remedies. The real seat of the mischief is lost sight of. The stomach is the organ to be looked after.

Nervous dyspepsia often does not have any pain whatever in the stomach, nor perhaps any of the usual symptoms of stomach weakness. Nervous dyspepsia shows itself not in the stomach so much as in nearly every organ. In some cases the heart palpitates and is irregular; in others the kidneys are affected; in others the bowels are constipated, with headache; still others are troubled with loss of flesh and appetite, with accumulations of gas, sour risings and heartburn.

Mr. A. W. Sharper, of 61 Prospect st., Indianapolis, Ind., writes as follows: "A motive of pure gratitude prompts me to write these few lines regarding the new and valuable medicine, Stuart's Dyspepsia Tablets. I have been a sufferer from nervous dyspepsia for the last four years; have used various patent medicines and other remedies without any favorable result. They sometimes gave temporary relief, but the effect of the medicine wore off. I attributed this to my sedentary habits, being a bookkeeper, with little physical exercise, but I am glad to state that the tablets have overcome all these obstacles, and I feel better in every way. The above is not written for notoriety, but is based on actual facts. Respectfully yours, A. W. SHARPER."

It is safe to say that Stuart's Dyspepsia Tablets will cure any stomach weakness or disease except cancer of the stomach. They cure sour stomach, gas, loss of flesh and appetite, sleeplessness, palpitation, heartburn, constipation and headache. Send for valuable little book on stomach diseases by addressing F. A. Stuart Company, Marshall, Mich. All druggists sell full-sized packages at 50 cents.

## Catarrh of the Stomach.

A Pleasant, Simple, But Safe and Effective  
Remedy For It.

Catarrh of the stomach has long been considered the next thing to incurable. The usual symptoms are a full or bloating sensation after eating, accompanied sometimes with sour or watery risings, a formation of gases, causing pressure on the heart and lungs and difficult breathing, headache, sick appetite, nervousness and a general played-out, languid feeling.

There is often a foul taste in the mouth, coated tongue, and if the interior of the stomach could be seen it would show a shiny, inflamed condition.

The cure for this common and obstinate trouble is found in a treatment which causes the food to be readily, thoroughly digested before it has time to ferment and irritate the delicate mucous surfaces of the stomach. To secure a prompt and healthy digestion is the one necessary thing to do, and when normal digestion is secured the catarrhal condition will have disappeared.

According to Dr. Harrison, the safest and best treatment is to use after each meal a tablet composed of diastase, aseptic pepsin, a little nux, golden seal and fruit acids. These tablets can now be found at all drug stores under the name of Stuart's Dyspepsia Tablets, and not being a patent medicine, can be used with perfect safety and assurance that healthy appetite and thorough digestion will follow their regular use after meals.

Mr. J. N. Bocher of 410 Dearborn st., Chicago, writes: "Catarrh is a local condition resulting from a neglected cold in the head, whereby the lining membrane of the nose becomes inflamed and the poisonous discharge therefrom passing backward into the throat reaches the stomach, thus producing catarrh of the stomach. Medical authorities prescribe for the use of three years for catarrh of the stomach, without cure, but today I am a healthy man, after using only one box of Stuart's Dyspepsia Tablets. I cannot find appropriate words to express my good feeling. I have found flesh, appetite and sound rest from their use."

Stuart's Dyspepsia Tablets is the safest preparation, as well as the simplest and most convenient for any form of indigestion, catarrh of the stomach, biliousness, sour stomach, heartburn and bloating after meals. Send for little book, mailed free, on stomach trouble, by addressing F. A. Stuart Company, Marshall, Mich. The tablets can be found at all drug stores.